

The Mother's Wisdom Deck

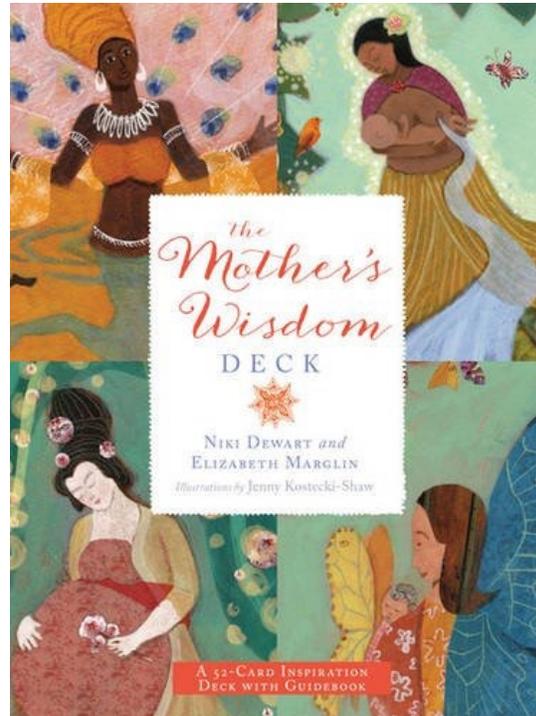
A 52-Card Inspiration Deck with Guidebook

by Niki Dewart and Elizabeth Marglin

Illustrations by Jenny Kostecki-Shaw

Elizabeth Marglin, emarglin@gmail.com
303.847.7473

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First Inspiration Deck for Mothers Honors Motherhood as Spiritual Practice

BOULDER, Colorado (May, 2016) “Mothering often feels like a steep path to enlightenment,” says Elizabeth Marglin, coauthor of *The Mother's Wisdom Deck* first published by Sterling in 2012. “There is a lot of stumbling around in the dark. We wondered why there was no deck that would illuminate the significant milestones that mothers encounter in their own spiritual development.” The authors describe *The Mother's Wisdom Deck* as “a companion for the intense soul work that comes with the territory.”

Co-written by Marglin and Niki Dewart, and illustrated by Jenny Sue Kostecki-Shaw (all mothers themselves), *The Mother's Wisdom Deck* features a full-color book plus a deck of 52 cards illustrated with universal symbols of empowered motherhood. Arranged into four suits—Natural Mother, Animal Mother, Ancestral Mother, and Divine Mother—the cards can be drawn to either reveal a message (like Tarot) or simply provide pertinent, serendipitous inspiration. The deck is intended for pregnant women, women choosing to adopt, mothers with children of all ages, and anyone who finds themselves in a caregiving role.

Kostecki-Shaw, an accomplished illustrator and author of several children's books, gives each archetype a compelling, iconic beauty. Her paintings capture the unforgettable, touched-by-grace moments that motherhood bestows.

Dewart and Marglin's accompanying book, which explores the meaning of each card, encompasses a wide range of influences, from mythology and spirituality to psychology and parenting. “We invoked the wisdom of mothers throughout the ages to meet women wherever they are on the journey of motherhood,” Dewart says. “Alongside the peak experiences of

unconditional love and ecstatic wonder, the deck honors the shadow side of mothering—the challenges, the chaos, and the frustrations.” The authors also include prompts for self-exploration, such as: How can you surrender to the moment and let your ideas of how things should be drift away? What stops you from forgiving yourself and others? Who are you when none of your previous roles fit? Ultimately, the deck’s goal is to nudge women to find—and listen to—their own truth. To find out more about *The Mother’s Wisdom Deck* go to www.themotherswisdomdeck.com.

Questions for the Authors

Most books on mothering focus on the children and their development, but you chose to focus on the mother’s inner growth. Why do you think that is so important?

In your deck, you refer to mothering as a wisdom practice—can you describe how mothering and spiritual practices are similar?

One complaint many mothers have is feeling isolated and stuck. Does this deck help mothers feel less alone, and more able to move to get out of their perceived ruts? How?

Why did you choose the format of a deck? How does synchronicity help shed light on a particular issue?

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www.themotherswisdomdeck.com